



## A guide for observing nature



- ✓ Be calm and quiet – otherwise any living things might hide.
- ✓ If you are going to touch a creature, be very gentle – they are delicate so do not harm them.
- ✓ Make sure you return any creatures to where you found them.
- ✓ Tread gently, there might be a whole family under your feet.
- ✓ If you move rocks or logs make sure you return them to the same spot.
- ✓ Remember not to pick flowers or plants – they might be a family's home.

